



The Miscarriage Association

OF IRELAND

Carmichael Centre, North Brunswick Street, Dublin 7.

Telephone: 8735702/8725550

Registered Charity Number CHY9738

SUMMER 2006

NEWSLETTER

Welcome

Welcome to each and everyone of you.

Hopefully this newsletter finds you all keeping well.

For some of you, this is probably the first Newsletter to be delivered to you and this in itself says something! If you have recently experienced the trauma of miscarriage or perhaps are having a tough time coming to terms with your loss, we are really sorry and our thoughts are with you. Don't forget that telephone support is available and if you have any difficulty getting a reply, just leave a message and we will return your call as soon as possible.

We now have our own website:

www.miscarriage.ie. Please go on line.

We would welcome your comments. This can also be a great source of comfort and support. We are very grateful to Michele Turner and Angela Grace for their valuable input. Without the expertise of Michele and Angela, and the daily input of Michele, the website would be still a dream!

We hope to have an official launch at the end of September and will keep you informed of developments.

June May 2006

Miscarriage Association of Ireland on World Wide Web



The new website for Miscarriage Association of Ireland is now live on the internet. It is still under construction at the moment but there is a lot of useful information there to be accessed and we hope everyone will find it helpful, a useful source of much needed information at a time when you need it most.

The new website can be found at www.miscarriage.ie and there you will find information about miscarriage, about how to contact the Association, latest news and happenings of interest. We hope to officially launch this latest addition to the Association's repertoire in September.

I am delighted to be involved with the setting up and design of this new site with the help of Committee Member Angela Grace and the assistance of the rest of the Committee. A big thanks must go to Angela who has given up her time and gone out of her way to assist me and answer all my queries, and to June O'Toole and all of the committee members. They have included all the excellent and

continued on page 2

Miscarriage Association of Ireland Committee

June O'Toole

Chairperson

Karen Gilligan

Secretary

Mary Lawson

Treasurer

Cathy Lynch

Committee Member

Angela Grace

Committee Member

Niamh Ryan

Committee Member

continued from page 1

vital information that they have always been able to share with everyone who needs it through printed literature and by Telephone Support. Their wealth of information has also been available up to now also on web pages which have been generously hosted by The Coombe Women's Hospital and we thank them for that. However it was felt it is now time, in this technological age, that the Miscarriage Association of Ireland has its own website, which is directly and easily accessible for everyone.

More and more people look to the internet for sources of information when they are in need and the first few hours and days when you have a miscarriage can be particularly confusing and upsetting. If this information

is available to us in our own homes or places of work then it can be simply and anonymously accessed and can possibly bring a little relief in what can be a very difficult time.

As we move through the year we will have news of events, hopefully some news of the fun from the Mini Marathon, details of upcoming services and fund raising events. If you have any information which would be of interest, perhaps you know of a Remembrance Service happening in your area or a fund raising event, please contact us at info@miscarriage.ie and we can include it on the site.

Michele Turner

Anniversaries

Second anniversary of Baby Dunlea, 29 May 2004. You are always on our minds. We miss you dearly and love you every day.

All our love, Mammy, Daddy and Baby sister Elizabeth Dunlea.

Welcome Babies

A very special welcome to our precious little daughter Elizabeth Michaela Dunlea; born on 17 April 2006. A little sister for our darling angel lost 29 May 2004.

All our love, Mammy and Daddy (Margaret and Damian Dunlea)

Flora Women's Mini Marathon – Run for Us

Bank Holiday Monday, 5th June 2006 at 3pm.



It won't be long now! Thanks to all those who have got in touch.

We usually meet at the steps, at the side of Holles Street Hospital around 2.30pm on The Day. Speaking from experience, it's healthy, great fun and also contributes to a very needy cause. Look forward to seeing you there! If you need sponsorship cards or T-Shirts, please get in touch through our website or by telephone.

Information Website: www.womensminimarathon.ie.

AGM

Date: Tuesday, 13th June 2006.

Venue: Buswells Hotel,
Molesworth Street,
Dublin 2.

Time: 8pm

A good introduction into the Miscarriage Association and an opportunity to meet the Committee is by attending our AGM. All paid up members are invited to attend. Sharing of ideas is a great source of information and we would love this opportunity to meet prospective committee members. Think about coming along!

If possible, can you let us know in advance if you will be attending the AGM.

Thanks
Angela Grace
01-8406182



Just a reminder that we will be looking for your support when our Christmas cards go on sale in the Autumn. This helps support our Association and also brings awareness to the whole area of Miscarriage.

We need your help!

As you can imagine, there is a great need for support following the loss of a Baby through miscarriage. We do the best we can but would love to be in a position to do more. With your help, maybe this is possible. If you feel you might be in a position to help, we would love to hear from you. Nobody is asked to take on more than they can handle. Every bit of support, no matter how small makes a huge difference.

You can contact us online or by telephone or by letter.

FUNDRAISING

If you are interested in fundraising for our Association, we would welcome your ideas.

Support Group Meetings

Our Support meetings continue on the first Thursday of every month (except July and August) in Buswells Hotel, Molesworth Street, Dublin 2. The next meeting is Thursday, 1st June at 8pm. You are very welcome to attend, if you have been affected by loss through miscarriage. Please come along, you might also be in a position to offer advice as to how we could improve on the support we offer.



Opinion Page

Articles are welcome for our Opinion Page. This page is used for people to state their opinions regarding miscarriage. This could mean:

- Treatment in hospital
- Aftercare
- Infertility problems
- Future pregnancies
- News that you wish to share with us about your miscarriage

Though people may wish to talk about their worries and concerns on this page, we would also welcome any positive experiences you have had. You may wish to remain anonymous in the newsletter but your name and address should be submitted to the Miscarriage Association of Ireland along with your letter.

JUST A NOTE: Sometimes, for whatever reason it is not always possible to publish or acknowledge everybody's correspondence. This does not mean it is not important so please keep forwarding your items of news for sharing.

Sligo Meeting

There is a meeting held for those having experienced miscarriage in St Michael's Family Life Centre, Churchill, Sligo on the second Wednesday of every month (excluding June, July and August).

Please let us have your stories, poetry, articles, coming events, sad farewells, welcome babies, anniversaries and anything you feel will help those who read our newsletter. Please mark all envelopes "Newsletter". Please include name, address and a contact phone number. Your name does not have to be included in the article if you wish to remain anonymous.

Annual Service of Remembrance

– Sunday 12th November 2006

Time: 3pm

Venue: St. Teresa's Church, Donore Avenue, South Circular Road, Dublin 8.

This is a very special and meaningful day. This Service is a time for remembering and we would ask that you come along and support each other.

Service of Remembrance

Coombe Women's Hospital – 2nd April 2006.

This Service was held in the Church of Our Lady of Dolours, in Dolphin's barn on Sunday 2nd April 2006 at 3pm.

Angela, June and myself attended. It was an honour and a privilege to be invited. The Service was beautiful and everybody present had that special time with their memories. There is a comfort in sharing and realising that "we are not alone".

Great credit must go to all the Staff in the Coombe Hospital for organising such a special day of Remembrance.

Niamh

Membership Renewal

Just a little reminder - your membership may be due for renewal. Our annual membership is €15. We would also ask members not to send cash in the post – cheque or postal orders please.

PLEASE NOTE: Our newsletter is circulated to members, hospitals and other interested parties and is **available on the Internet**. The opinions in this newsletter are those of the contributors and are not necessarily those of the Miscarriage Association of Ireland.

Closing date for contributions to the next Newsletter – 6th October 2006